

## Executive Director's Report

Walter Allen, Jr.



Local 30 is pleased to announce that the merger of OPEIU Local 5 of Denver, Colorado into Local 30 is now complete. Local 5 members are now fully integrated into Local 30 and are receiving all the same benefits and privileges as all of our members. I would like to recognize Cris DeBey the former president of Local 5 and her entire Executive Board for their courageous actions which led their local union membership to this decision. Together we will grow OPEIU membership in Colorado and strengthen our union overall. Congratulations to all of our newest Local 30 members.

We also continue to meet with groups of employees who wish to organize their

workplaces into Local 30 in Arizona, Los Angeles, and in San Diego. Many of these workers are in the same types of jobs as our members in health care and other administrative positions. And more and more of our current members are becoming involved in these activities talking to and advising these workers on the benefits of being represented by Local 30 and of the protection and security that a union contract provides. I thank all of these Local 30 leaders for their commitment and their dedication to our union.

Contract negotiations continue on behalf of our members at Zenith American Solutions in Phoenix, Arizona, and Goldschmid, Silver, and Spindel in Los Angeles. Both of these contracts are going slower than expected as we struggle with the same issue at each;

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## President's Report

Marianne Giordano



Please join me in welcoming our newest Local 30 members from Denver, Colorado. The members of the former OPEIU, Local 5 in Denver voted to merge with us late last year and as of February 1, 2013 are now members-in-good-standing in Local 30.

As I assisted in this merger over the past few months I came to know the leaders of Local 5 quite well. They are dedicated, frontline workers who also had the responsibility of running the local. As officers they had to make decisions about expenses, make sure all the tax forms were properly filled out and submitted, pay the bills, and make sure all their members were represented all while

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## Welcome Local 5 Members



Cris DeBey  
President



Christie Mangusso  
Vice President



Pam Johnson  
Secretary/Treasurer



Colleen Callan  
Trustee



Lori Trujillo  
Trustee



Gayle Noon  
Trustee



## Vice President's Report

Cathy Young

The events for 2013 began with our annual 'Day At The Races' in Los Angeles on February 16, and it was another sold out event. Local 30 members from all over converged on Santa Anita Park to watch the horses run, enjoy each other's company, and hopefully win some money. Executive Board Member Annie Watson from City of Hope who runs this great event each year was pleased at the turnout and reported all who attended enjoyed the day.

Next up, the Local 30 Scholarship Golf Tournament on May 17th at the Admiral Baker Golf Course in San Diego. The proceeds from this event go to fund the scholarship awards that we offer to our members and their families each year. Six (6) scholarships at \$1,250 in all. The event is open to all members and guests and there are lots of opportunities to win prizes in addition to the golf. The event is open to guests for the dinner and the drawings, all of which help to fund the scholarships. Interested members should contact the Union office for details.

In August we will again host the Local 30 "Family Fun Day" at Sea World. This was a very popular event last year and the tickets went fast. This year we have expanded the event to allow more tickets to be available and we will also limit the number of tickets per person to make sure that all members have a chance to attend. The tickets will go fast so be sure to reserve yours early. Make sure to watch for the announcement flyers when tickets go on sale.

The Events Committee is also planning

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## San Diego Imperial Counties Labor Council 25th Annual Awards Dinner

On Saturday, March 16th 2013, OPEIU Local 30 delegates attended the San Diego Imperial Counties Labor Council's 25th Annual Awards Dinner. We are always proud to support our Labor Council and congratulate all the honorees.

The past year has been an important one in the history of California's Labor Movement, with workers campaigning to restore a pro-labor Mayor for San Diego. Tens of thousands of California union members dedicated 2012 to ensuring that our next Mayor would stand



From left: Maria Perez, Executive Assistant; Mayor Filner and Bronwyn Ingram; Erica DeWar, Executive Board Member; Mariana Almaraz, Administrative Assistant, Local 30; Diane Nunez, Local 30 Member

Lorena Gonzalez, Local 30 member and Secretary-Treasurer of the San Diego Imperial Counties Labor Council received the 2013 Labor Leader of the Year awarded for her tireless efforts and dedication to standing up for working families.

In labor we realize that hard fought victories can only be accomplished if we stand together to reach a common goal. This is especially true when unions come together to stand up for issues that do not directly affect their membership. Organized labor is often the sole force fighting for the right of not just union members but all workers. Together we are one! ■

up for the fundamental right of workers to organize, the passage of Proposition 30 and defeating Proposition 32.

## Day of Action

By Linda Winters,  
Local 30 Executive Board Member



I was at the 'Day of Action' at our capital in Phoenix, AZ on Monday, March 11. There were a lot of our union sisters and brothers there from all different unions throughout the state. The topics were immigration reform and the bills they are trying to pass that are against the unions. ■



## Another Local 30 'MEMBERS ONLY' Benefit



### Allstate Benefits Offered through: Riley Marketing Services

**New Benefits for: OPEIU members** In this depressed economy, our health and ability to earn a living is of utmost importance. With this in mind.....*What if YOU Become Disabled?.....What if YOU should die, get into an accident, or have cancer?*

*Each situation can be catastrophic to any family who is not prepared for these unexpected circumstances and emergencies. Statistics say there is an accident somewhere every 5 minutes. (1 in 3 females and 1 in 2 males will in their lifetime develop some form of cancer). Life is filled with many "what-ifs". Let us show you how to prepare!*

Supplemental Benefits can be a 'life-line' for any individual or family. We have found the ALLSTATE benefits offered through Riley Marketing Services are affordable, and offer you peace of mind

### These ALLSTATE Supplemental Benefits are offered to YOU and YOUR FAMILY and offer "Paycheck protection"

- ✦ Pays you a monthly income up to \$5,000 a month ON and OFF the job
- ✦ Pays cash benefits in addition to any other benefits you have
- ✦ No physicals are ever needed
- ✦ Accident policy includes a \$20K-\$60K Loss of Life or Limb benefit
- ✦ Benefits pay back to day 1!!
- ✦ Disability Income, plus Accident and sickness protection,
- ✦ Covers you for hospitalization, Breaks and fractures, ambulance benefit
- ✦ Maternity is covered as a sickness
- ✦ Cancer benefits cover you for over 20 other specified diseases (TB, tetanus)
- ✦ Cancer Wellness benefits pay you up to \$500 a year
- ✦ Pays up to \$20K for Blood plasma and platelets
- ✦ Pays up to \$20K for chemo, radiations and immunotherapy
- ✦ Covers you for intensive care at \$600 a day--all benefits PAID directly TO YOU!

**PROTECT YOUR MOST VALUABLE ASSET....YOUR ABILITY TO MAKE A LIVING!!!** It is the desire of this Union to provide you with the best possible benefits. This is one benefit you should look into!! See how these Allstate Benefits through Riley Marketing Services can assist all of our members and families in time of need. Please contact Riley Marketing Services Call: 1-800-244-2915 or 1-408-348-6700



## 11<sup>th</sup> Annual Local 30 Scholarship Fund Golf Tournament

By: Katie Doyle

It's time once again for our annual Scholarship Fund fundraiser. This year's golf tournament will be held at The Admiral Baker Golf Course on Friday, May 17, 2013. This is our only fundraiser for the Scholarship Fund, so we put a lot of work and energy into making this event a huge success.

So go into the garage pull out those dusty clubs and get to the nearest driving range.

Always trying to find ways to make our tournament better for our golfers we are having a putting contest prior to the tournament so come early and putt for prizes. Our raffle prizes are always exceptional so make sure to get tickets before you start play and maybe a few mulligan tickets for those errant drives or putts.

As mentioned, this tournament is the only event we run to pay for the six (6) \$1,250.00 scholarships to OPEIU, Local 30 members and their families.

All Local 30 members are welcome to come out and play. The cost to Local 30 members and family members is \$95.00 per person. That includes a box lunch, the round of golf with cart, free range balls and dinner as well, a great deal for a golf tournament. Everyone including the Business Agents have a lot of fun working their way around the golf course.



One key to our success is selling hole sponsorships. They are only \$250.00 each and this fits into the budgets of many local small businesses that we patronize. Just mention our cause to your favorite restaurant, salon, barber, car dealer, gas station, corner market, dry cleaner or anywhere you get services and spend your money. If they are interested, have them give us a call at (619) 640-4840 and we will send them a sponsorship application and inform them how to make out their payment. A tournament flyer is available on our website [www.opeiuocal30.org](http://www.opeiuocal30.org). If you need additional flyers just call the office and we will be happy to provide them for you. If you do not play golf you are welcome to attend the event dinner and raffle for only \$30.00 per person.

**SAVE THE DATE, ADVERTISE OUR CAUSE, AND COME OUT AND JOIN THE FUN!**

We thank you for your past support and look forward to your help in making the fundraiser this year the best yet, so tell your friends to come out for an extraordinary day of golf and fun! ■

## Executive Director's Report continued from Page 1

health insurance costs and coverage. These are both groups of employees who have been members of Local 30 for a number of years and where we have bargained their wages and benefits successfully in the past. The issues we are dealing with in these units are the same as those in almost every unit we have in Local 30. The extremely high costs associated with health care benefits have been draining employers' resources and making it difficult to afford wage increases at the same time as providing health care coverage for our members and their families. We continue to work with these two groups and will reach agreements that these members can approve. The message however is that the health care cost issue is making contract talks very difficult in every unit, everywhere these days.

Coming up on our list of units going into contract negotiations this spring is our City of Hope unit in Los Angeles. Led by Executive Board Member and Chief Steward Annie Watson at COH and Director of Member Services Annette Baxter, we will be at the table in June to bargain with the employer. We fully expect to reach an agreement that our members will ratify and that will continue to protect their wages, benefits, and conditions of employment. Stay tuned.

The finances of Local 30 continue to be strong. Our investment returns have improved over the past several months as the markets and the economy continue to grow. Our building investment has allowed us to control the costs of our own office space and in fact dramatically reduce all of our costs associated with our own space in San Diego. And our offices in the buildings of other labor union's buildings in Los Angeles, Phoenix, and now Denver are all at very low rents allowing us the presence we need in all our service areas and at costs that easily fit our budget. Our assets continue to grow and through careful management of our expenses we continue to be able to provide for our members and not raise dues on a regular basis.

All in all Local 30 is growing, gaining strength, and providing the best service to our members. I would call that success and look forward to continuing along this same path. ■

Our diversity makes us strong.



ARIZONA/CALIFORNIA/COLORADO





## Generation Next! Youth Council Corner

What's Up, Sisters and Brothers?! We are very excited to announce the creation of our New, Local 30 "Generation Next!" Youth Council. As some of you may have already guessed, we need to gain interest and involvement from young members of our Local (ages 18-40) in order to empower them to eventually take leadership roles within their Union as Shop Stewards, Contract Specialists, Executive Board Members, Business Agents, etc...

Monthly trainings will be developed where our Youth Council members may gain valuable leadership skills. Trainings will include, but are not limited to: An (abridged) History of the Labor Movement, One-on-One Communications, Organizing Basics, Collective Bargaining Skills, Grievance Handling Skills, Public Speaking, and Political Action Training.

If you or anyone you know would like to get involved, please contact one of your Youth Council Representatives:

- Geshalem (619) 640-4840 or geshalemperez@opeiulocal30.org
- Raleigh (619) 640-4840 or raleighruff@opeiulocal30.org
- Roger (619) 312-5223 or rogerjlester@gmail.com



Our first Youth Council training was held on the evening of Wednesday, February 27th and was a tremendous success, setting a positive tone for our attendees. The group had a lively discussion around the importance of building a strong leadership within our Union, putting education and training at the forefront of most important topics to focus on.

From L to R: Raleigh Ruff, Margie Fernandez, Nancy Arredondo, Kagna Yin, Roger Lester, Ian McJannet, Sophia Weiss, Toan Doan, Yesenia Hernandez, and Geshalem Perez.  
*Photo Credit: Maria Perez*

### President's Report

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holding down their own union jobs in Local 5 bargaining units.

As hard as they worked and for as much effort that they put into their union there was little they could do to avoid the problems that come with a shrinking membership, health care and other costs that were out of control, and the task of organizing new members with what little time they had left. Their courageous decision to look for a home was not an easy one to make. They too were very proud of their union and of the things that they had accomplished over the years. And they were determined to join with a local that was moving forward, was

strong and dedicated to their beliefs, and one that would provide the best representation for their members. They chose Local 30 for all those reasons, and we responded.

So please welcome Cris DeBey, President; Christie Mangusso, Vice President Pam Johnson, Secretary Treasurer; Mike O'Connell, Recording Secretary; Colleen Callan, Trustee; Gayle Noon, Trustee; Lori Trujillo, Trustee and all the members of the former Local 5. And applaud the courage and commitment these leaders have shown. I think we are lucky to have them and look forward to the great things that we will do together as OPEIU, Local 30. ■

## Jerry Spreitzer, Local 30 Steward/Leader



On Saturday March 16, 2013 a Celebration of Life was held for Jerry Spreitzer. Jerry left this earth on March 2, 2013 but not before he touched untold numbers of lives. Jerry spent his life advocating for the rights of the working class. He was a strong supporter of the Labor Movement and helped his community through his church activities. Jerry was a member of Local 30's Arizona units, the Arizona Federation of Teachers and the AFL-CIO. He will surely be missed by us all. ■

### Vice President's Report

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events in Phoenix and Denver for our members in those areas and will have more information shortly. Watch for details in the News & Views and on our web site, as well as through postings at your workplaces and through our stewards.

I would also like to remind members to check out the Local 30 "Member's Only" benefits if you haven't lately. These benefits change from time to time and we are always trying to find new benefits to add. There are a number of travel benefits, discount programs, and many services that can help members and their families. Local 30 also conducts a number of seminars each year to help with financial and estate planning, real estate and credit services, and investment and retirement planning. All of these brief, informational seminars are open to all Local 30 members and offer you options and advice on many different programs that are designed to make your money go further and your life easier. All Local 30 benefits are carefully reviewed for content and all vendors are chosen for their experience and knowledge in their fields. There is never any pressure to buy anything. These are informational in nature and intended to provide information helpful to our members and their families. Maybe it's time to take a look and see if any of these programs would be a fit for you. All benefits are listed on the web site at [www.opeiulocal30.org](http://www.opeiulocal30.org).

At Local 30 we believe that the value of Union membership goes beyond the great representation and good contracts we provide. Helping our members and their families every day is also part of the plan. ■

## Law Office of Teddy R. McNamara

### Estate Planning Update and Reminder:



Attorney Teddy McNamara still offers a free 1 hour consultation for those interested in learning more about estate planning. During the consultation, we will discuss the difference between a Will and a Trust. We will cover probate avoidance techniques and incapacity planning. We will discuss how your estate plan can have an impact on estate taxes, capital gain taxes and property taxes. In addition, we will assess whether you should have the following documents:

- Durable Power of Attorney for Asset Management
- Advanced health Care Directive with Hippa Release
- General Assignment
- Marital Property Agreement
- Nomination of Guardians, Living Trust, Will

For those with an existing plan, the consultation can be used as a time to review your existing plan to see if it is up to date. The American Taxpayer Relief Act of 2012 made significant changes to the estate and gift tax laws. You may want to review your Trust to make sure you have the right language in your funding clauses in light of these changes.

The consultation can also be used to make sure you have properly funded your Trust and that your beneficiary designated accounts are in order. If you have acquired new assets or have set up a new business entity, such as a limited liability company or corporation, then you should make sure these assets are properly coordinated with your estate plan. Maintaining your Trust or upgrading from a will to a trust is extremely important as time goes on, assets change and changes occur in life.

If a loved one has passed away and they had a Trust, it is important to have an attorney review the Trust and give advice on Trust administration matters. The consultation can be used for initial Trust administration matters. Also, if you are a beneficiary of a Trust and the trustee is not following his or her fiduciary duties, then you should consult with an attorney to see what your rights are. If a family member is getting older make sure they are surrounded by trusted family, friends and advisors to avoid any Elder Abuse from occurring.

Finally, if a loved one has passed away and they only had a will, no estate planning or had assets that were not titled in the trust, there may be a probate proceeding or some other court proceeding to transfer the assets to the beneficiaries, heirs or Trust. Meeting with an attorney early on in this process is critical to avoid unnecessary delays, costs, creditor issues, taxes, litigation and other problems associated with probate.

Update: The Law Office has moved to a new beautiful Victorian building built in 1889 in Bankers Hill in San Diego! We have great off street parking and are close to downtown San Diego. The new address is 110 Juniper St. San Diego, CA 92101. We have a new website at [TeddyMcNamara.com](http://TeddyMcNamara.com), so be sure to check it out! Please update your records to reflect this change. ■

Call for a Consultation:  
Teddy R. McNamara, Esq.  
Law Offices of Teddy R. McNamara  
110 Juniper Street  
San Diego, CA 92101  
Office: (619) 528-1212  
[teddy@yourtrustlawyer.com](mailto:teddy@yourtrustlawyer.com)

## Union Ambassadors Promote Value, Help Grow KP Membership

Erica DeWar, like most Kaiser Permanente workers, spends her weekdays serving KP members and patients, supporting colleagues, and learning new ways to improve the work. But recently DeWar, an OPEIU Local 30 shop steward and clerk at the Psychiatry and Addiction Medicine clinic in San Diego, stepped into a different role. Erica DeWar and Brenda Chong, also a Local 30 member and a receptionist at the Rancho San Diego Medical Office Building, joined a Kaiser Permanente sales account team at a meeting of 300 members of the Black Police Officers Association Western Division. DeWar and Chong, trained union ambassadors participating in a Labor Management Partnership campaign to help KP attract new Health plan members, explained firsthand how KP teams deliver better care and service.

"It's about capacity building and connecting the dots," say DeWar, who's worked 20 years for KP. "This program allows union



*Erica DeWar, of OPEIU Local 30 in Southern California, is one of 19 union ambassadors*



*Brenda Chong OPEIU, Local 30 member and shop steward*

members to lend their resources to grow the organization."

The new role is personally fulfilling, adds Chong. "I love to answer questions about Kaiser Care," she says as she works a booth at the event, answering questions from potential and current KP members. "I am on the front line with the patients, so when they ask us questions about being a patient, it all makes sense why I am here."

The program taps into workers' passion and authority about why KP delivers on quality and affordability which can influence buyer's health coverage choices. Recently, Chong, who is bilingual, helped reach more than 1,100 potential KP members at open enrollment for KP San Diego's newest account, UNITE HERE! Local 30.

"Union ambassadors can make a difference in selling KP's value in the market," says Janelle S. Williams, consultant specialist for frontline engagement for growth in the Office of Labor Management Partnership. "Each one has a unique opportunity to tell our story because they not only service members, they are members as well." The ambassadors participate in activities ranging from health fairs to open enrollments to community events, based on the needs of the account managers.

Rose Mendoza, an enrollment specialist in Fresno who has worked with union

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Hello from Chef Mark Atkins, C.E.C.

## Chef Food & Nutrition

Buying your first steak and not sure what is out there? Let me give you some advice so you don't get hoodwinked at the supermarket.

First off, don't get caught up in the Angus Beef craze: Angus is just a breed of cattle and doesn't mean it's the best. Just look at Costco, the beef they sell is labeled Prime, Choice and Select and that's it. One other thing, beef is from Steers and milk is from Dairy cows.

Now let's talk about the difference between a Prime, Choice, and Select cut of meat. Which one is better? All meat is inspected for wholesomeness and to make sure it is fit for human consumption: but grading is a volunteer service bought and paid for by the Rancher's. Grades are based on the amount of marbling in the meat and the age of the animal. Marbling is the flecks and streaks of white fat you find distributed throughout the meat. In general, the higher the degree of marbling, the more tender, juicy, and flavorful the meat will be. Consequently, higher grade meats come at a higher cost. Age also plays an important part. Beef is best in flavor and texture when cattle are between 18 and 24 months old, so the grading favors younger animals. The following are a list of eight grades of beef recognized by the USDA. In order of descending quality they are:

- Prime
- Choice
- Select
- Standard
- Commercial
- Utility
- Cutter
- Canner

**U.S. Prime** – This is the highest grade of beef with the fattest marbling. This meat is very tender and only accounts for about 2.9% of all graded beef. U.S. Prime is usually reserved for high end dining establishments. Because this beef has such a high level of fat marbling, it is excellent for dry heat cooking methods.

**U.S. Choice** – Choice beef is widely available to consumers in supermarkets and restaurants. This beef has a good amount of fat marbling, although less than U.S. Prime. U.S. Choice accounts for roughly 50% of all graded beef. This beef can typically be cooked with either dry or moist heat methods without causing excessive dryness. U.S. Choice is an excellent economic alternative to U.S. Prime.

**U.S. Select** – Select beef is also widely available in the retail market. It is much leaner than U.S. Choice and tends to be less tender or juicy. U.S. Select was formerly labeled as "Good." Due to the low fat content in this meat, it should be reserved for moist heat cooking methods to prevent drying.

**U.S. Standard and U.S Commercial** – Stand and Commercial grades are very low in fat content and may be considerable less tender. When sold in the retail market they typically go ungraded or are labeled under the store brand name and sold for lower prices.

**Utility, Cutter, and Canner Grades** – These grades may be completely devoid of fat marbling or cut from older animals. These grades are typically reserved for making processed meat products and canned goods.

Now a couple of things you need to know about shopping for meat. If you go to the supermarket and notice a big sign in the meat department that reads 'Rancher's Reserve' or 'Blue Ribbon' you are purchasing U.S. Standard or U.S. Commercial grade or as I say, "D" grade. Also have you ever brought what you thought was Prime Rib at the supermarket? By code, a cut of beef from the rib section can be labeled Prime if it is cut from the middle of the rib bone structure six through twelve; but that doesn't mean it is Prime grade. You still have to look to see whether or not it is Prime, Choice or Select. Costco is a great example of proper labeling; they sell prime ribs that are choice grade.

So what does Chef Mark recommend? It is more important to purchase your favorite cut of beef based on quality grade (Prime, Choice & Select) and not on the breed of cattle.

For more information go to: Understanding the USDA Beef Grading System/The BBQ Report ■



## Union Ambassadors Promote Value, Help Grow KP Membership *continued from Page 5*

ambassadors, pleased the perspective they bring, particularly to targeted union accounts. "While we are selling a product, they are able to tell their stories to their (union) brother and sister," she says. "When someone has questions about pediatric care or inpatient service, they are able to answer the question

right at the booth. And maybe that answer to those questions will sway which way someone is going to go."

California's union ambassador program currently serves five service areas: Fresno, San Diego, Metro Los Angeles, Valley and Western Ventura. SEIU UHW, UNAC, and OPEIU

Local 30 are the partner unions in those areas. Ambassadors retain their full-time jobs, but are released periodically to participate in customer engagements. In 2012, the program's first year, ambassadors attended more than 38 events with targeted accounts. ■

## GENERAL MEMBERSHIP MEETINGS

Dear Local 30 Member:

Please be advised that the next regular General Membership Meetings are scheduled as follows:

THURSDAY, APRIL 25, 2013			
<b>ARIZONA</b> 5:30 p.m.	<b>COLORADO</b> 6:30 p.m.	<b>LOS ANGELES</b> 5:30 p.m.	<b>SAN DIEGO</b> 5:30 p.m.
OPEIU, Local 30 3117 North 16th St., #200 Phoenix, AZ 85016 <i>(Enter from East Building Entrance)</i>	OPEIU, Local 30 7510 W. Mississippi Ave. #240 A Lakewood, CO 80226 <i>(Sheet Metal Workers #9 Building Association)</i>	Courtyard Old Pasadena Colorado Conference Room 180 North Fair Oaks Avenue Pasadena, CA 91103	OPEIU, Local 30 6136 Mission Gorge Rd. Suite 222 San Diego, CA 92120

The Constitutional Amendments attached to this notice will be read and voted on.

All members of Local 30 are encouraged to attend these meetings to obtain current information on the business of the Union. Union officials and staff will be available to answer questions and provide reports, updates, and other information regarding Local 30.

I hope to see you there.

In unity,

Walter Allen, Jr.  
Executive Director/CFO

### ARTICLE IV - OFFICERS, DELEGATES AND STAFF

SECTION 1. The elective officers of The Union shall be Executive Director/ Chief Financial Officer, President, Vice President, Recording Secretary, eight (8) Executive Board Members and three (3) Trustees. The Executive Board shall consist of the Executive Director/ Chief Financial Officer, President, Vice-President, Recording Secretary and eight (8) elected Executive Board Members and three (3) Trustees. There shall be ~~three~~ **two** (32) Executive Board Members elected from the bargaining units in the Los Angeles region, four (4) from the bargaining units in the San Diego region, ~~and one~~ (1) from the bargaining units in Arizona, ~~and one~~ (1) from the bargaining units in Colorado. All other elected officers of the local shall be elected at-large.

SECTION 2. The Executive Board shall be comprised of the Executive Director/Chief Financial Officer, President, Vice President, Recording Secretary, and the eight (8) Executive Board Members. The Executive Board Members shall be elected as follows:

- (a) ~~Three~~ **Two** (23) Executive Board Members shall be elected from the bargaining units in the Los Angeles region but with no more than one (1) Member from any one unit,
- (b) Four (4) Executive Board Members from the bargaining units in the San Diego region, at least one of whom shall be from the California Service Center unit.
- (c) One (1) Executive Board Member from the bargaining units in Arizona.
- ~~(d)~~ **One** (1) Executive Board Member from the bargaining units in Colorado.

All other elected Officers of the Union shall be elected at-large.

### ARTICLE VIII - MEETINGS

SECTION 1. The general membership meetings of The Union shall be held on the Fourth (4th) ~~Wednesday~~ **Thursday** of ~~each~~ January, April, July, and October: ~~in the Los Angeles/Orange County area, and the following day in the San Diego area. A general membership meeting will also be held in Arizona on the Monday before the LA/Orange County meeting. The hours of adjournment shall be not later than 10:30 p.m. and each member shall be notified by mail at least one week prior to the date of the general membership meetings. Meetings will be conducted simultaneously from locations in San Diego, Los Angeles, Phoenix, and Denver and will be linked electronically. Proper notice will be given for all meetings and at least one union official will be on site at each meeting to assist in the conduct of the meeting.~~

SECTION 2. Fifteen (15) members **in total** shall constitute a quorum.

## Staff of Local 30

Walter Allen Jr.  
Annette Baxter  
Lolita Babaran  
Mark Bailey  
Geshalem Perez  
Maria Perez  
Charlotte Kilgore  
Maria Serrano  
Kim Tyler  
Mariana Almaraz

Executive Director/CFO  
Director of Member Services  
Business Agent  
Business Agent  
Business Agent  
Executive Assistant  
Office Manager/Bookkeeper  
Administrative Assistant  
Administrative Assistant  
Administrative Assistant

## Office & Professional Employees International Union

### SAN DIEGO OFFICE

6136 Mission Gorge Road, Suite 214  
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Telephone: (619) 640-4840 • Toll Free: (866) 673-4830  
Fax: (619) 640-4830

### LOS ANGELES OFFICE

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Claremont, CA 91711-9000  
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Fax: (909) 624-0549

### ARIZONA OFFICE

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Phoenix, AZ 85016  
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**E-Mail: [info@opeiulocal30.org](mailto:info@opeiulocal30.org)**  
**Web Site: [www.opeiulocal30.org](http://www.opeiulocal30.org)**

**Facebook: [facebook.com/OPEIULocal30](https://www.facebook.com/OPEIULocal30)**

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705 West Arrow Highway, 2nd Floor  
Claremont, CA 91711-9000



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Thank you for supporting your union.

## MEMBER ONLY BENEFITS



### MONEY AND CREDIT

**OPEIU Credit Card** (800) 522-4000

**Credit Counseling** (877) 833-1745

**Credit Score** (888) 864-6625 Union member discount 15% on all myFICO credit score & online credit reporting products. Free consumer credit education.

**Union Made Checks** (888) 864-6625 Union-printed, feature your union's logo -customization available.

**AMFREE** (Frank Atrash (800) 209-8249)

**Secure Retirement Solutions** (Ryan Morelli (619) 863-3999)

### EDUCATION

**Local 30 Scholarships**  
(6 @ \$1,250 each) (619) 640-4840

**OPEIU Scholarships**  
(Several Scholarships) [www.opeiu.org](http://www.opeiu.org)

**Union Plus Scholarships**  
(\$150,000 awarded annually)

**National Labor College Scholarship** (\$25,000 awarded annually) (301) 628-4253

### TRAVEL/ENTERTAINMENT

**Discounts at:** San Diego Zoo, Disney, Six Flags, Universal Studios, Sea World (800) 565-3712

**Car Rentals** Avis (800) 698-5685 ID# B723700, Budget (800) 455-2848 ID# V816100, Hertz (800) 654-2200 ID# 205666

**Discounts through Union Plus Travel Center:** Vacation Tours, Union Hotel Discounts, RV Rental, Cruise Savings, Flights ([www.unionplus.org/Travel](http://www.unionplus.org/Travel))

### SERVICES

**Auto Buying Service** (866) 437-2336  
Vehicle Advantage

**AT&T Wireless Discounts**  
(Save up to 10% on cellular phone service)

**Dell Computers Discounts** (800) 695-8133 ID: PS16626766)

**Goodyear Tire & Service Discounts** (Up to 10%)

**Flower Service** (866) 667-7779 Save 20%

**Health Savings** (877) 570-4845 Reduce out-of-pocket health care expenses

**Legal Service** (888) 993-8886 Free & discounted legal assistance

**OPEIU Perkscard**

**Towing/Service Calls** 1(800) 617-2677 Up to two towing/service calls per year valued at up to \$100 each.

### INSURANCE

**Auto Insurance** (800) 294-9496 21<sup>st</sup> Century Insurance and Financial Services

**Pet Savings** (888) 789-7387 Save 25% on veterinarian services

**Pet Insurance** (866) 473-7387 Save 10% on insurance premiums

**Life Insurance** (800) 393-0864 The Hartford  
**Accident Insurance** (800) 393-0864 The Hartford

**American Income Life Insurance**  
(800) 495-1213 Accidental Death & Dismemberment Benefit \$4,000 Member

### PUBLICATIONS

**Local 30 News & Views**

**OPEIU White Collar**

**San Diego Labor Council Labor Leader**

For more information on these money-saving benefits for Union Members, please contact Local 30 at (619) 640-4840, toll free (866) 673-4830 or visit us at [www.opeiulocal30.org](http://www.opeiulocal30.org)



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